WIC

Have you "bean" wondering what to cook for dinner tonight?

Ask for your copy

Beans...they're what's for dinner!

Washington State Department of Health

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DOH 961-217
(Rev. 8/04)

WIC

When it comes to cooking beans…

Ask for your copy

…are you a "Bean-ginner"?

Bean-ginners will love all the easy recipes!

Washington State Department of Health

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WIC

Simmering pots of chili, cool and creamy dips, crunchy salads…

Ask for your copy

Sound great?

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WIC

When it comes to cooking beans…

Ask for your copy

…are you

"Well-seasoned"?

Well-seasoned cooks will love all the new and exciting recipes!

Washington State Department of Health

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Washington State Department of Health

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Sincerely,
Health Education Resource Exchange Web Team

PRINTING SPECIFICATIONS

Title:	**Have You "Bean" Wondering What to Cook for Dinner Tonight? Beans. . .They're What's for Dinner!**
Poster size:	11 x 17
Paper stock:	70# text Exact Opaque Natural
Ink color:	PMS 201 and PMS 269
Special instructions:	One of four posters in file. Each prints separately.
DOH Pub #:	961-217

PRINTING SPECIFICATIONS

Title:	**When It Comes to Cooking Beans. . .Are You a "Bean-ginner"?**
Poster size:	11 x 17
Paper stock:	70# text Exact Opaque Natural
Ink color:	PMS 201
Special instructions:	One of four posters in file. Each prints separately.
DOH Pub #:	961-218

PRINTING SPECIFICATIONS

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PRINTING SPECIFICATIONS

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Poster size:	11 x 17
Paper stock:	70# text Exact Opaque Natural
Ink color:	PMS 201 and PMS 541
Special instructions:	One of four posters in file. Each prints separately.
DOH Pub #:	961-220