如果想獲得更多事後避孕丸資料，請：

- 打電話給您的醫生或診所。
- 打免費並保密電話1-888-NOT-2-LATE（1-888-668-2528）索取事後避孕丸供應處的名單。（用英語）
- 查訪“事後避孕”網站 www.not-2-late.com。

在華盛頓州，婦女可以直接在藥房購買ECP。
詳情請打ECP 熱綫電話。

ICHS opa path

事後避孕丸

什麼是事後避孕丸(ECP)?

- ECP是一種可在沒有採取安全措施下進行性交之後服用的避孕丸。
- 愈早服用事後避孕丸，效果愈好。
- 事後避孕丸並不是墮胎丸，**如果已懷孕則無效**。

什麼情況下應服用事後避孕丸?

如果您不想懷孕，應在性交後72小時（3 天）內開始服用ECP。例如：

- 沒有採取任何避孕措施。
- 保險套破裂。
- 曾經連續兩次忘記服用避孕藥。
- 陰道栓滑出。
- 沒有打避孕針。
- 被強迫性交。

事後避孕丸的效用?

- 停止排卵及阻止卵受精。
- 阻止受精卵在子宮內成長。
- ECP並不能防止性病，包括HIV/愛滋傳染。

有何副作用?

- 頭痛或噁心
- 乳房酸脹
- 提前或推遲月經
- 不會影響日後任何懷孕機能。

如何服用事後避孕丸?

- 如果您不想懷孕，應在性交後72小時（3 天）內開始服用ECP。
- 過12小時服用第二次。
- 在家中常備一包ECP以備需要。

如果想獲得更多ECP資料，請打熱線電話:
1-888-NOT-2-LATE或國際醫療服務機構

Washington State Department of Health

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If you have questions, contact:
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P.O. Box 47833 Olympia, WA 98504-7833
(360) 236-3736

Sincerely,
Health Education Resource Exchange Web Team

PRINTING SPECIFICATIONS

Title:	**PATH ECPs wallet card (API, Chinese, Vietnamese)**
Size:	4 x 7.5
Paper stock:	80# text gloss white
Ink color:	4-color process
Special instructions:	2-sided printing. Full bleeds. Finished job folds to 4 x 2.5
DOH Pub #:	n/a